



*4<sup>th</sup> ANNUAL REFLECTIONS  
SYNCHRO INVITATIONAL  
Synchronized Skating Competition*

*SUNDAY FEBRUARY 19, 2012*

*Hosted by Central Pennsylvania Figure  
Skating Club*



# 4<sup>th</sup> ANNUAL REFLECTIONS SYNCHRO INVITATIONAL Synchronized Skating Competition

SUNDAY FEBRUARY 19, 2012

Hosted by Central Pennsylvania Figure Skating Club

This event is proud to participate in the Eastern Synchronized Skating Challenge Series. Participation in this series is open to all Beginner 1, 2, or 3 teams and preliminary, pre-juvenile, open juvenile, open collegiate or open adult teams. Visit [www.usfigureskating.org](http://www.usfigureskating.org) for more information on this series. Results of this event for participating teams will be reported to U.S. Figure Skating for calculation of the series results.

**Location:** GIANT CENTER, 550 West Hersheypark Dr., Hershey, PA 17033

**ICE SURFACE:** 85' X 200'

**Date:** Sunday, February 19, 2012



**Online Registration:** Only Online Registration will be accepted using the *Entryeze* system. This is a secure site. Payment with a credit card will be accepted (Visa, Mastercard & Discover). Your credit card statement will show an out of state charge by *Entryeze* in Colorado. No paper entry forms will be accepted.

**Online Registration:** Go to our club web site, <http://www.centralpennfsc.org>, click on the RSI LOGO and then click on the link to *Entryeze*.

**Online Deadline:** Midnight on December 19, 2011 for all teams to register and pay all fees.

**Entry fee:** \$150 per event plus \$ 20 per competitor, including alternates. The entry fee for Basic Skills beginner is \$50 per team plus \$5 per skater. Processing Fee of 3.5% will apply for each team registered.

**Any questions please contact:** Becky Hilgers - [hersheyett@aol.com](mailto:hersheyett@aol.com) - PH: 717-319-8711

**General Rules:** The 4th Annual Reflections Synchro Invitational is sanctioned by U.S. Figure Skating and will be conducted under the rules set forth in the 2012 edition of the U.S. Figure Skating Rulebook and this announcement. Particular note should be taken of these sections:

- Rule 3070: Eligibility to compete
- Rule 2056: Events to be skated
- Rules 7200-7290: Requirements for each level
- Rule 2910: Duration and Warm-up Periods of Synchronized Team Skating
- Rule 7020: Clothing - Synchronized Team Skating
- Rule 7021: The costume of the competitors must be modest, dignified, and appropriate for athletic competition, not garish or theatrical in design. The costume may, however, reflect the character of the music chosen.
  - A. Ladies may wear a skirt or body suits or full-length trousers. Ladies skirts must not be below the top of the calf of the legs for safety reasons.
  - B. Men must wear full-length trousers; no tights are permitted.
  - C. The costume must not give the effect of excessive nudity for an athletic sport. The costume and make-up must not be theatrical and must not highlight any skater.
  - D. Headdresses must be kept to a minimum. Any ornamentation attached to clothing or head must be firmly fastened so as not to fall off while skating under normal competitive conditions. There can be no props on the ice and hand props such as banners, canes, or pompoms are not permitted.
- Rule 7022: Sequins, rhinestones or jeweled trim may be used in moderation on the clothing of senior, junior and collegiate synchronized skating teams only. This adornment is allowed on the bodice only. Sleeves and skirts are to be void of adornment. Feathers or other materials that could be dislodged upon contact are not allowed. The use of adornments at all other levels is prohibited.
- Rule 7024: The use of hair pins and bobby pins is prohibited while skating in any synchronized skating competition.

**Liability:** U.S. Figure Skating, Central Pennsylvania Figure Skating Club, Giant Center, Kick Lewis Arena, and Twin Ponds Family Recreation Center and any other ice facilities accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 2300 of the 2012 edition of the official U.S. Figure Skating Rulebook.

**Judging System:** The ISU judging system will be used for collegiate, adult, intermediate, novice, junior and senior events.

**Planned program content sheet:** All teams competing in a level judged under the IJS will be required to complete a planned program content sheet. Each team's Planned Program Content sheet must be completed via their Member's Only profile at [www.usfsaonline.org](http://www.usfsaonline.org) at least **3 days** before the start of the event.

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SYNCHRONIZED SKATING COMPETITION  
February 19, 2012**

***Information you will need to register your team on Entryeze.***

**The team contact will need the following information:  
(Please remember only online registrations will be accepted.)**

- **A single team contact must register each team online separately.**
- **Team Contact – this will be the contact information for a primary person who will be responsible for the team.**
- **Team Name & level – this will be the name & level of team. This info is for the skating order and in the program.**
- **Number of team members – this should include alternates and will be the basis of the per member charge for the event.**
- **Team Roster – for each of the team members, you will need the following information:  
Skaters first and last name  
Skaters date of birth  
Skaters highest move test passed  
**\*Skater's freestyle level – can leave blank**  
Skaters USFS number  
**\*E-mail address of parent or legal guardian if skater is under 18. (Liability waiver)**  
E-mail of skater if over 18. (Liability waiver)**

**\*Team Roster: There will be a field asking for the **skater's freestyle level**. This field can be left blank. This will not affect your registration process.**

**\*Please advise your parents they will be receiving an email from Entryeze regarding the liability waiver and DO NOT DELETE IT. They must respond to the email.**



**Online Entry Deadline Midnight, Monday December 19, 2011**



## SECTION 1: BASIC SKILLS / BEGINNER EVENTS

For all events: No skaters may have passed higher than the preliminary test in any discipline, and the majority of the team must be "no test."

*"The purpose for the competition is to promote a FUN, introductory competitive experience for the beginning skater."*

### A. Basic Skills Beginner 1

A team of 8 to 16 skaters. The majority of the team must be under 9 on the preceding July 1.

Program duration: 1 ½ - 2minutes +/- 10 sec.

Required elements:

- Circle:** 1 circle, include a 2-foot turn and a forward inside and/or forward outside edge glide
- Line:** Cover the ice and include only forward skating skills.
- Block:** Cover the ice and include only one configuration.
- Wheel:** A 4-spoke wheel with backward pumps.
- Intersection:** 2 lines facing each other, forward 2-foot glide at the point of intersection.

**RESTRICTIONS:**

- No additional elements allowed.
- Holds may only include shoulder-to-shoulder and hand-to-hand.
- No changes or direction and traveling within elements.
- No steps or moves in Basic 6 or higher.

### B. Basic Skills Beginner 2

A team of 8 to 16 skaters. The majority of the team must be 9 – 11 years old on the preceding July 1.

Program duration: 1 ½ - 2minutes +/- 10 sec.

Required elements:

- Circle:** 1 circle, include the combination move\* from Basic 8
- Line:** Cover the ice may include both forward and backward skating skills.
- Block:** Cover the ice and include 1 or 2 configurations.
- Wheel:** Wheel of choice with backward pumps.
- Intersection:** 2 lines facing each other, forward 2-foot or 1-foot glide at the point of intersection.

**RESTRICTIONS:**

- No additional elements allowed.
- Holds may only include shoulder-to-shoulder and hand-to-hand
- No changes or direction and traveling within elements.
- No steps or moves in Free Skate 2 or higher.

### C. Basic Skills Beginner 3

A team of 8 to 16 skaters. The majority of the team must be at least 12 years old on the preceding July 1

Program duration: 2–2 ½ minutes +/- 10 sec.

Required elements:

- Circle:** 1 circle, include the combination move\* from Basic 8
- Line:** Cover the ice must include both forward and backward skating skills.
- Block:** Cover the ice and include 2 or 3 configurations.
- Wheel:** Wheel of choice.
- Intersection:** 2 lines facing each other, forward 1-foot glide or forward lunge at the point of intersection.

**RESTRICTIONS:**

- No changes or direction and traveling within elements.

\* The combination move is element C in Basic 8: Two forward crossovers into a forward inside mohawk, step down or cross behind, step into a backward crossover, step forward onto a forward inside edge glide. It does not need to be repeated, and does not need to be done in both directions.

These levels are part of the U.S. Figure Skating Basic Skills program. Basic Skills competition guidelines will be used. There will be no more than 6 teams in each group, and judges must only be members of U.S. Figure Skating at least 16 years old. If there are not enough entries, Beginner 1 and Beginner 2 can be combined, at the discretion of the chief referee.

## SECTION 2: U.S. FIGURE SKATING STANDARD COMPETITIVE EVENTS

*\* New rules adopted at the 2012 Governing Council are underlined.*

- A. Preliminary:** A team of 8 to 16 skaters. All skaters must be under 12. The majority of the team must be under 10 on the preceding July 1.  
Program duration: 2 minutes.  
Well balanced program: Rule 7270
- C. Pre-Juvenile:** A team of 8 to 16 skaters. The majority of the team must be under 12 on the preceding July 1.  
Program duration: 2 minutes.  
Well balanced program: Rule 7260
- D. Open Juvenile:** A team of 8 to 16 skaters. The majority of the team must be under 19 on the preceding July 1. All skaters must have passed the pre-preliminary moves in the field test.  
Program duration: 2 ½ minutes.  
Well balanced program: Rule 7250
- E. Juvenile:** A team of 12 to 20 skaters. Skaters must be under 13 on the preceding July 1 and have passed the preliminary moves in the field test.  
Program duration: 3 minutes.  
Well balanced program: Rule 7240
- F. Intermediate:** A team of 12 to 20 skaters. Skaters must be under 18 on the preceding July 1 and have passed the pre-juvenile moves in the field test.  
Program duration: 3 ½ minutes.  
Well balanced program: Rule 7230
- G. Novice:** A team of 12 to 20 skaters. Skaters must be under 16, with the exception that up to 4 team members may be 16 or 17, on the preceding July 1 and have passed the juvenile moves in the field test.  
Program duration: 3 ½ minutes.  
Well balanced program: Rule 7220
- H. Junior:** A team of 12 to 16 skaters. Skaters must be at least 12 and under 19 on the preceding July 1. All skaters must have passed the intermediate moves in the field test.  
Short program duration: Maximum 2 minutes, 50 seconds  
Free skate duration: 4 minutes  
Well balanced program and short program: Rule 7210
- I. Senior:** A team of 16 skaters. Skaters must be at least 14 on the preceding July 1 and have passed the novice moves in the field test.  
Short program duration: Maximum 2 minutes, 50 seconds  
Free skate duration: 4 ½ minutes.  
Well balanced program and short program: Rule 7200
- J. Open Collegiate** A team of 8 to 16 skaters. Skaters must be enrolled in a college or university as a full-time student, as of the entry deadline.  
Program duration: 3 minutes.  
Well balanced program: Rule 7290
- K. Collegiate:** A team of 12 to 20 skaters. Skaters must be enrolled in a college or university as a full-time student, as of the entry deadline, and have passed the juvenile moves in the field test.  
Program duration: 4 minutes.  
Well balanced program: Rule 7280
- L. Open Adult:** A team of 8 to 16 skaters. The majority of skaters must be 19 years or older on the preceding July 1. Program duration: 2 ½ minutes. Well balanced program: Rule 7520
- M. Masters:** A team of 12 to 20 skaters. Skaters must be at least 25, and the majority of the team must be at least 35 on the preceding July 1.  
Program duration: 3 minutes.  
Well balanced program: Rule 7510
- N. Adult:** A team of 12 to 20 skaters. All skaters must be at least 21 on the preceding July 1. All skaters must have passed either the preliminary moves in the field test, the adult bronze moves in the field test, the preliminary figure test or the preliminary dance test.  
Program duration: 3 ½ minutes  
Well balanced program: Rule 7500

**Moves in the Field test requirement for Reflections Synchro Invitational:**

**No Minimum moves in the field test levels are being required at this competition.**

**A Non Qualifying Competition.**

**Crossover Rules:**

No team may be comprised of more than 50% of athletes that are also on any other team. This applies to both the entire roster and the athletes that are skating on the ice at any given competition.

The chart below illustrates the levels where crossover skaters are allowed. The shaded areas indicate no crossovers are allowed. An "X" indicates crossovers are allowed between the two levels, providing all requirements are met as defined Rules 7200 – 7290, in addition to the statement above.

Level Athlete is Skating In	Preliminary	Pre - Juvenile	Open Juvenile	Juvenile	Intermediate	Novice	Junior	Senior	Open	Collegiate	Open Adult	Masters	Adult
Preliminary													
Pre - Juvenile													
Open Juvenile													
Juvenile					X	X							
Intermediate				X		X	X	X					
Novice				X	X		X	X					
Junior					X	X		X		X			
Senior					X	X	X			X			X
Open Collegiate													
Collegiate							X	X					X
Open Adult													
Masters													X
Adult								X		X		X	



**Online Entry Deadline Midnight, Monday, DECEMBER 19, 2011**

**Awards:** Medals will be awarded to **FIRST, SECOND, THIRD** and **FOURTH PLACE** in each event.

**Practice Ice:** **GIANT CENTER** Ice Surface: 85' X 200'      **Twin Ponds Family Recreation Center:** 85' X 200'  
**Kick Lewis Arena** Ice Surface 85' X 200'

**\*Official Practice Ice is mandatory for all IJS Teams only and will be at the Giant Center.** Official Practice Ice Sessions will be 10 minutes in length and cost \$90.00. Official Practice schedule will be dependent on competition schedule and is determined by the referee.

**\*Unofficial Practice Ice 12 MINUTES IN LENGTH. Order online \$80.00**

The Team contact will be able to reserve their teams practice ice online. You **MUST** pay for them when you register online. You will receive an e-mail with a PIN number in order to access your practice ice records and then select your particular sessions. Unofficial Practice ice will be sold on a **FIRST COME, FIRST SERVED BASIS**.

Location of unofficial practice ice may be at the Giant Center, Twin Ponds Family Recreation Center or other facilities that are an easy 30 minutes or less from the main venue; the Giant Center. Time and location is dependent on the number of teams requesting sessions.

**\*Unofficial and Official Practice Ice & Event Schedule: Can be located by going to our club website [www.centralpennfsc.org](http://www.centralpennfsc.org), click on the RSI LOGO and then click on the link to Entryeze. Team contacts will be notified by e-mail when the schedules have been posted on Entryeze.**

**Music:** Rules governing music selection can be found in the 2012 U.S. Figure Skating rulebook, including but not limited to 7030, 7912, 7913 and 7200-7290, 7500-7520.

***Only CDs (standard Compact Disk format) will be accepted.***

- *CDs: Must be clearly marked with name, event entered and the music length and contained in a hard sided "jewel" case.*

***Due to compatibility and reliability reasons no music may be submitted on re-recordable "CDRW" discs.***

**Competition music must be turned in at the registration desk and must be submitted no later than two hours prior to the event in which the team is skating. All music must be picked up at the completion of the competition. CDs will not be mailed back to competitors.**

All teams must have an additional copy of their music available for practice sessions. Teams must also have an extra copy rink side during the actual competition event. The organizing committee will not accept responsibility for damage or loss of music but will take every precaution to ensure their safety.

#### **Registration Desk:**

- Registration Desk will inside the main entrance of the Giant Center.
- The Registration Desk will open one hour prior to official practice and remain open until the conclusion of the competition.
- The coach or a representative of each team must register and pick up their team packet. At this time they should also turn their music CDs.
- Coaches need to check in at registration with their proper USFS/PSA identification.
- All coaches **MUST** have their registration/id lanyard on them to accompany their team to the ice.
- Teams should register at least two hours prior to their scheduled event and turn in team's music CD.

**Refund Policy: No refunds will be given once your team has registered online.**

**DVD orders:** EVC is the official videographer for RSI and they will video all events. Teams will be able to pre-order DVD's & find pricing information on-line at <http://www.eventvideocompany.com/>.

**Souvenirs:** Vendors will be available; see list of vendors on our websites.



**Online Entry Deadline Midnight, Monday, DECEMBER 19, 2011**

**Admission:** All competitors and coaches will receive a credential.

- Two chaperone credentials will be provided; **ONLY Chaperones are permitted to use credentials.**
- **Adult admission \$12.00 and will include a *copy of the event program.***
- **Children 8 years of age and under and active military personnel will be admitted free of charge.**
- Senior Citizen (60+) admission is \$8.00.

**Food:** Concessions at the Giant Center will be open for your enjoyment. Numerous restaurants are close by and many will be listed on our websites.

The **Giant Center is a state of the art facility with seating capacity of 10,500 and parking for 10,000 vehicles.** All locker rooms include restroom facilities and are used by celebrity performers and professional sports teams. There are too many features to mention. **We encourage you to view [www.giantcenter.com](http://www.giantcenter.com) [click on "about" and then the dropdown "fast facts"]** for more information.

**Accommodations:**

**All hotel arrangements should be made through the Zenith Group.** Reservations and a list of local hotels can be found online at [www.thezenithgrp.com](http://www.thezenithgrp.com). The Zenith group is committed to excellent service and is available 24 hours a day. So make your reservations today!

The official hotel for the competition is:

**The Hershey Lodge and Convention Center  
West Chocolate Avenue & University Drive, Hershey, PA  
PH: 1-800-Hershey (1-800-437-7439)**

**Restaurants:** A list can be found on our club website [www.centralpennfsc.org](http://www.centralpennfsc.org)

Please take into account that Hershey PA (<http://www.hersheypa.com/>) is a popular destination for visitors. Many events are scheduled during the month of February. So, plan accordingly when making hotel & restaurant reservations for your team.

**Transportation:** If flying to Harrisburg and need ground transportation, please contact Becky Hilgers, competition chair: [hersheyett@aol.com](mailto:hersheyett@aol.com)

**Parking at the Giant Center: Free parking for cars and buses. Parking lot capacity 10,000 vehicles.**

**Contact Information:** For questions, please contact the following individuals:

Competition Chair:	Becky Hilgers	<a href="mailto:hersheyett@aol.com">hersheyett@aol.com</a>	717-319-8711
Chief Referee:	William Beharrell	<a href="mailto:wrbeharrel@aol.com">wrbeharrel@aol.com</a>	978-855-1444
Online Registrar:	Nancy Carfagno	<a href="mailto:nancycarfagno@comcast.net">nancycarfagno@comcast.net</a>	717-858-9220
Practice Ice:	MaryAnn Will	<a href="mailto:MTWill2juno@com">MTWill2juno@com</a>	717-545-8192



# 4th ANNUAL REFLECTIONS SYNCHRO INVITATIONAL SYNCHRONIZED SKATING COMPETITION February 19, 2012

## 2012 Program Advertising & Good Luck Ad Contract

Central Pennsylvania FSC is hosting the Reflections Synchro Invitational Competition over the weekend of February 19, 2012 at the Giant Center, 550 W. Hersheypark Drive, Hershey, PA 17033. Synchronized skating teams consist of 8-20 figure skaters who perform various intricate moves to music. Central Pennsylvania FSC is the home club of Team Reflections consisting of four synchronized teams at various United States Figure Skating Association levels - Beginner, Pre-Juvenile, Intermediate, and Adult. Our Pre-Juv Reflections were ranked among the top ten teams in the Eastern Section in 2010 and the Intermediate Reflections received a silver medal at the National Synchro Competition held in March 2010. This event will attract over 65 teams of nearly 1,000 skaters plus their coaches, parents, spouses, siblings and friends. Adult admission includes a program book.

Contact Name \_\_\_\_\_ E-Mail \_\_\_\_\_

Company Name \_\_\_\_\_ Phone \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Authorized Signature \_\_\_\_\_

Ads are black and white except for the back cover. **E-mail attachment - pdf, or tif format is preferred.** Artwork should be sent to [icereinke@yahoo.com](mailto:icereinke@yahoo.com) Material must be received by the **Monday, January 9, 2012** deadline to guarantee inclusion in the program. Payment must accompany ad order. **For further information or questions, contact Janice Reinke at 717-574-0611 or e-mail: [icereinke@yahoo.com](mailto:icereinke@yahoo.com).**

**RATES** One competition program is included with every adult admission to the competition.

- Back Cover (Black plus Red ink) (5" x 8") ..... \$250
- Inside Front Cover (5" x 8") ..... \$175
- Inside Back Cover (5" x 8") ..... \$175
- Full Page (5" x 8") ..... \$125
- 1/2 Page (5" x 3-3/4") ..... \$75
- 1/4 Page (5" x 2") ..... \$50
- \* Good Luck Ad ..... \$10



\*Good Luck Ad- maximum of 20 words. Please distribute the form on the following page to your skaters' families and friends. Only a team contact can enter Good Luck Ads into Enteryeeze.

Total Enclosed: \$ \_\_\_\_\_



Acct. #: \_\_\_\_\_ Exp: \_\_\_\_/\_\_\_\_ CSV \_\_\_\_\_

Name on Card (Print): \_\_\_\_\_ Authorized Signature \_\_\_\_\_

**Please return this form with a check payable to "CPFSC" c/o Janice Reinke  
Janice Reinke, 64 Old Pioneer Rd, Camp Hill, PA 17011  
Please note "RSI Program Ad" in the memo area of your check.**



## Good Luck Advertisement

Wish your favorite skater or team a GR8T SK8T!!

Coaches & Team Manager please distribute copies of this page to your skaters, their family, and friends. They can write a message for their skater or team. We will enter the message in the competition program. A competition program is **included with every adult admission to the competition.**

**\$10 per Good Luck Ad** (Payment will be made on Enteryeeze.)

*Only a team contact can enter Good Luck Ads into Enteryeeze. All Good Luck Ads must be entered by Midnight, Monday, December 19, 2011.*

Message (maximum 20 words):

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# 4th ANNUAL REFLECTIONS SYNCHRO INVITATIONAL SYNCHRONIZED SKATING COMPETITION February 19, 2012

## COLLEGIATE FORM ONLY:

Collegiate Certification page – for collegiate and open collegiate teams **ONLY**.

Collegiate and open collegiate teams must comply with Rule 7280 (collegiate) or Rule 7290 (open collegiate). Athletes must be considered full-time students by the college or university they attend, as of the entry deadline for this event. Use a separate form for each institution the members attend, collect all of the forms and send them together. Students may also choose another method to prove their student status, such as a print out of an unofficial transcript or a letter from the registrar.

Team Name:	U.S. Figure Skating Number:	
Level:		
LAST NAME	FIRST NAME	STUDENT ID NUMBER
1.		
2.		
3.		
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21.		
22.		
23.		
24.		

***TO BE COMPLETED BY THE REGISTRAR:***

I certify that the students listed above are considered full-time students by the following institution:

\_\_\_\_\_

Name of Registrar: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Mail this Collegiate form(s) to  
Nancy Carfagno 185 James Dr. York PA 17404**



*The competition committee wishes your team a great season and we thank you for registering online for our competition.  
See you soon!*

**See your team next year - February 2013!**