



REFLECTIONS SYNCHRO INVITATIONAL FEBRUARY 15-16, 2026

**Hosted by Central Pennsylvania FSC
GIANT CENTER Hershey, PA 17033**

I. COMPETITION OVERVIEW

The REFLECTIONS SYNCHRO INVITATIONAL will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, and/or current Compete USA handbook as well as any pertinent updates that have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted people as defined by the Eligibility Rules.

Skaters must be a currently registered member of a U.S. Figure Skating member club, (if offering Compete USA events) Learn to Skate USA® member, a collegiate club or who is an individual member in accordance with the current rulebook. For non-U.S. citizens, please refer to the rulebook for more information.

II. ELIGIBILITY

- For more details about establishing event levels, refer to the information sheet [HERE](#) or email events@usfigureskating.org.

Synchronized Skating:

- For synchronized skating teams, skating skills test requirements are as of the entry deadline.

EVENTS OFFERED: TEAM FEES INCLUDE PRACTICE ICE AND A VIDEO

- **Compete USA Program Requirements:** learntoskate.com/competeusa
- **Skate United:** For any Skate United (S.U.) Athlete, please have them register for their appropriate level under the “standard” option. Once the registration is complete, the following form must be submitted to the competition chair via email at hersheyett@aol.com

- [Click here for the Skate United Athlete Form.](#)
- **Skating Accommodation Memorandum (S.A.M.):** Skaters using a S.A.M. must submit their S.A.M. to the competition chair via email at hersheyett@aol.com
- [Click here for more information about S.A.Ms.](#)

On the program requirements page linked above, competitions that fall within the date range beside the program requirements must use those requirements.

SYNCHRONIZED SKATING	JUDGING	Team Fee	Skater Fee
Aspire 1	6.0	\$195	\$20
Aspire 2	6.0	\$195	\$20
Aspire 3	6.0	\$195	\$20
Aspire 4	6.0	\$195	\$20
Aspire Adult	6.0	\$195	\$20
Preliminary	IJS	\$400	\$30
Pre-Juvenile	IJS	\$410	\$30
Open Juvenile	IJS	\$410	\$30
Juvenile	IJS	\$410	\$30
Intermediate	IJS	\$420	\$30
Novice	IJS	\$420	\$30
Junior Short Program	IJS	\$420	\$30
Junior Free Skate	IJS	\$420	\$30
Junior Combined (Short & Free)	IJS	\$520	\$30
Senior Short Program	IJS	\$420	\$30
Senior Free Skate	IJS	\$420	\$30
Senior Combined (Short & Free)	IJS	\$520	\$30
Senior Elite 12 Short Program	IJS	\$420	\$30
Senior Elite 12 Free Skate	IJS	\$420	\$30
Senior Elite 12 Combined (Short & Free)	IJS	\$520	\$30

Collegiate	IJS	\$410	\$30
Adult	IJS	\$410	\$30
Masters	IJS	\$410	\$30
Open Collegiate	IJS	\$410	\$30
Open Adult	IJS	\$410	\$30
Open Masters	IJS	\$410	\$30
Unified (1-3)	IJS	\$410	\$30

OUR COMMUNITY:

U.S. Figure Skating is dedicated to fostering a culture of belonging and community that is welcoming for all individuals. We are committed to championing diversity, equity and inclusion and understanding its value in combating discrimination and challenging inequalities necessary to develop champions both on and off the ice. We are actively working toward developing equitable practices and policies that foster safety and empower all individuals to authentically pursue their unique path in all areas of our sport. We stand firmly on the belief that our members are the most important asset to our organization and that our differences are meaningful and strengthen our sport. We believe that skating is for everyone.

NON-DISCRIMINATION:

U.S. Figure Skating commits in policy, principle and practice to sustain a non-discriminatory approach on and off the ice for all members. We strive to provide equal opportunity for all despite their varied backgrounds, experiences and identities, and want all members to feel valued and respected at every level of organization. U.S. Figure Skating's SkateSafe® Program receives, investigates and addresses allegations of discrimination or harassment throughout its membership and the organization. Please refer to the [SkateSafe® Program Handbook](#) for further definition of harassment, discrimination and abuse.

By attending this event, all participants are willingly committing to upholding U.S. Figure Skating's Code of Ethics (*GR 1.01*) and Code of Conduct (*GR 1.02*), as detailed within the [U.S. Figure Skating Rulebook](#).

To report a concern of discrimination or harassment to U.S. Figure Skating, please visit www.USFigureSkating.org/SkateSafe or email SkateSafe@USFigureSkating.org.

ATHLETE ASSISTANCE/ACCOMMODATIONS:

Should a skater with disabilities require any specific accommodations or assistance for their competitive event, please submit your approved S.A.M to the Competition Chair by the registration deadline at hersheyett@aol.com

COMPLIANCE:

COACHES

To be an eligible coach at a non-qualifying competition, coaches must meet the applicable compliance requirements and verified by U.S. Figure Skating. Coach compliance falls into two categories, Coach Compliance (includes choreographers) and Learn to Skate USA® Instructor Compliance. Details regarding compliance requirements can be found [in](#) Members Only, click the blue “COACH” button. All compliance requirements must be met at the time of check-in to access the competition, no exceptions.

Coaches of foreign athletes: If you are a coach of a foreign athlete only, you are not subject to U.S. Figure Skating coach compliance and will only be asked to provide a letter of good standing for the federation your athlete represents.

TEAM SERVICE PERSONNEL: Teams are permitted a maximum of two team service personnel. Team service personnel must have a current U.S. Figure Skating or Learn to Skate USA® membership, a green lighted background check and completed SafeSport™ Training. All compliance requirements must be met at the time of check-in to access the competition, no exceptions. Team service personnel is defined as those indicated as a team manager and/or team service personnel planning to attend the competition with the team. EACH TEAM PERSONNEL WILL RECEIVE 1 CREDENTIAL (not ONE per team if you are listed on more than one team)

MANDATORY ATHLETES Athletes age 18+ as of the competition start date who will be competing on a team (i.e., synchro, ice dance, pairs, shadow dance, theatre, etc.) with at least one Minor Athlete must complete SafeSport™ Training. *

Minor athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport™ Training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be compliant until they have completed the training and their Members Only portal reflects completion. Please email skatesafe@usfigureskating.org for instructions or questions regarding parental consent.

III. REGISTRATION INFORMATION

TEAM ENTRY DEADLINE: DECEMBER 5, 2025@ 11:59 PM

Late Registration Deadline : December 12, 2025 (LATE FEE \$100)

MUSIC DEADLINE: JANUARY 16, 2026

ROSTER DEADLINE: JANUARY 16, 2026

ONLINE REGISTRATION VIA EMS (Synchro Teams):

All teams are required to register online via the U.S. Figure Skating Event Management System (EMS). Anyone listed as a team manager or coach for a team in their Members Only Team Profile will be able to access the registration system. Registration for the competition is not considered final until online

payment has been received. Online payment via credit card is the only form of accepted payment for registration in EMS.

1. Go to <https://m.usfigureskating.org>.
2. Use your personal member number and password to login. Click the BLUE “EMS Event Management System” button.
3. Choose “Competition Registration – Teams” from the menu.
4. Select the team you would like to register for competition.
5. Click the REGISTER NOW button next to your competition’s name.

NOTE: Only the competitions for which your team(s) are eligible will appear.

6. Walk through the on-screen registration process which will include:
 - a. Team Verification: Confirm the team’s information is accurate.
 - b. Registration Overview: Review general information about the competition.
 - c. Event Selection: Confirm the event you are registering the team for is accurate.
 - d. Competition Roster Selection: Click the “Add Skaters” link. The screen will display all skaters listed in your Main Roster. Check the box next to each skater’s name to add them to the competition roster.
 - e. Coach Information: Click the “Add Coaches” link. The screen will display all coaches listed in your Team Profile. Check the box next to each coach’s name to add them. Only the coaches who will be attending this competition should be listed. This information can also be updated from your EMS Team Portal. You will only be able to add coaches who are listed in your Team Profile.
 - f. Team Service Personnel Information: Click the “Add Team Service Personnel” to add attending team service personnel. The screen will display team managers and team service personnel listed in your Team Profile. Check the box next to each name to add them. Only the team service personnel who will be attending this competition should be listed. This information can also be updated from your EMS Team Portal. You will only be able to add team service personnel who are listed in your Team Profile.
7. Payment via credit card will be required to complete your registration as it is the only accepted form of payment for registration in EMS. Registrations are not considered complete until an invoice confirmation via email has been received. A 3% processing fee will be assessed at check-out.

NOTE: Payment must be submitted individually for each team’s registration. If you are planning on registering multiple teams in a short period of time, it is recommended that you contact your credit card company to prevent anti-fraud systems from being activated.

FOREIGN SYNCHRO AND THEATRE ON ICE TEAMS:

Additional steps are required to complete your registration. For a full guide to registering foreign teams, [CLICK HERE](#). Email memberservices@usfigureskating.org if you require assistance.

EMS MUSIC UPLOAD: TEAMS participating in events with music are required to upload their music to EMS no later than JANUARY 16, 2026 ET. After this date, TEAMS will be locked out of this feature and subject to a \$75 late fee. The late fee will automatically be added to each TEAMS'S cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the TEAM credentials onsite.

EMS TEAM MUSIC UPLOAD HOW TO: [CLICK HERE](#) If you need assistance, email productsupport@usfigureskating.org

TEAMS must also have available a backup copy of their competition music on a cell phone, and it must be immediately available rink-side whenever the skater competes. If the phone does not have the standard round headset connector, an appropriate adapter, such as an Apple Lightning connector or Samsung USB-C adapter is required to be attached. The phone should be presented to the music person with the file ready to play, phone in airplane mode and volume turned to maximum.

PLANNED PROGRAM CONTENT (PPC) SUBMISSION/UPLOAD – FOR IJS EVENTS ONLY:

Teams participating in IJS events are required to submit a PPC in EMS no later than January 31, 2026 @ 11:59 PM. After this date, teams will be locked out of this feature in EMS and subject to a \$75 late fee. The late fee will automatically be added to the Team's cart who does not meet the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving credentials onsite.

EMS PPC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

REFUND POLICY

Entry fees will not be refunded after entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals.

LIABILITY:

U.S. Figure Skating, Learn to Skate USA®, Central Pennsylvania FSC and GIANT CENTER accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

IV. COMPETITION DETAILS

FACILITY:

GIANT CENTER - 550 HERSHEY PARK DRIVE HERSHEY PA 17033

GIANT CENTER ICE SURFACE 200 x 85 - The building is a comfortable temperature with 10,500 seats. Snacks and refreshments will be available on the days of the event. NO outside food permitted. Box lunches can be purchased for teams in advance. An order form will be provided for this.

BE PREPARED TO ENTER THRU SECURITY CHECK POINTS. TEAMS WILL HAVE A SEPARATE SECURITY LANE FROM SPECTATORS TO ENTER THE BUILDING.

LOCKER ROOMS AND CHANGING AREAS:

Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only and will be labeled with regard to specific use and where identified will be gender specific. An exception can be made for athletes under 11 years old that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy in the [SkateSafe® Handbook](#).

The designated team coach, team manager, team service personnel and athletes competing at the skating event are allowed in the Locker Rooms/Changing Area designated for their team. The team coach, team manager, and team service personnel must remove themselves from the Locker Room/Changing Area while any Minor Athlete(s) are actively changing or undressing. All Locker Rooms/Changing Areas will be monitored. If any concerns arise, immediately contact the Locker Room/Changing Area monitor. If there are concerns regarding this policy, an athlete should change prior to arriving at the competition. The use of any recording and photographic devices inside a Locker Room/Changing Area is strictly prohibited. Any violation of this policy is punishable under the U.S. Figure Skating SkateSafe® policy and U.S. Figure Skating Rulebook.

U.S. Figure Skating Travel Policy:

All travel must strictly adhere to Two-Deep Leadership requirements. An Adult Participant cannot transport a Minor Athlete one-on-one and Two-Deep Leadership requirements must be adhered to at all times during In-Program travel, by transporting at least two minors who are at least 8 years of age or a second Adult Participant. An Adult Participant cannot share a hotel room or other sleeping arrangement with a Minor Athlete(s). Full details of the SkateSafe® Travel Policy and any exceptions can be found starting on page 12 of the [SkateSafe® Handbook](#).

OFFICIAL WEBSITE & UPDATES:

GO TO www.centralpennfsc.org for any schedule changes or important information about the event. CLICK on the **REFLECTIONS PAGE**. It is the responsibility of each team, parent and coach to check frequently for any schedule changes or additional information pertaining to the competition.

SCHEDULE

Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available.

PRACTICE ICE:

*******The practice ice COST is INCLUDED with the registration fee *******

- *Aspire Levels: 5-minute practices*
- *Preliminary: 7-minute practices*
- *Pre-Juvenile, Open Juvenile, Juvenile, Open Adult, Open Masters, Open Collegiate, Collegiate, Unified: 8-minute practices*
- *Intermediate, Novice, Junior and Senior Short: 10-minute practices*

ONSITE CHECK-IN:

Check-in will open on SATURDAY 2/14 @ 4:00 PM (closing at 7:00 PM) And will re-open on SUNDAY 2/15 @ 6:00 AM. The registration table will be located inside the Main Doors to the right of the Admissions Table on the Main Concourse. No admission will be charged for Saturday night practices, but Admission will be charged beginning at 6:00 AM ON SUNDAY.

If you are participating in a role requiring compliance, please be sure to [download or print your compliance card](#) to verify your compliance status on-site, if requested. If you believe your compliance card does not accurately reflect your compliance status, please contact skatesafe@usfigureskating.org at least 2 business days prior to the competition for assistance.

AWARDS: Team placements of 1-4 in all divisions will receive a Medal. Medals can be picked up at the Registration Table/ Awards may be given out and Photos taken in the Awards Area in Section 116 on the Main Concourse.

VOLUNTEER INFO:

If you are interested in being a volunteer for our event please email skate@centralpennfsc.org

Volunteers must be SAFE SPORT CERTIFIED AND HAVE A CLEAR BACKGROUND CHECK

PHOTO/VIDEO:

Live and on-demand streaming, and sales and distribution of U.S. Figure Skating sanctioned and approved events, programs, and activities that include the playback of music is strictly prohibited. This prohibition does not apply to the distribution of footage that does not include music. Questions about this can be directed to music@usfigureskating.org.

ALL DIVISIONS WILL BE VIDEOTAPED AND RECEIVE A VIDEO VIA EMAIL TO EACH TEAM AT THE CLOSE OF THE EVENT. THE COST OF THE VIDEO IS INCLUDED IN TEAM REGISTRATION.

ADDITIONAL INFORMATION: *TRAVELING TEAMS* is our partner for hotel rooms. Please reach out to Kaitlyn @ 248-633-3197 for help booking your hotel rooms. (This is a new partner this year) or email: kaitlynb@travelingteams.com

CONTACT INFORMATION:

Competition website: www.cenralpennfsc.org. (For questions, please contact the following individuals)

Competition Chair:	Becky Hilgers	hersheyett@aol.com	717-319-8711
Chief Referee:	Cheryl Litman	cheryllitman@gmail.com	703-303-3310
Volunteer Coordinator	Renee Greenawalt	rlgreenawalt@verizon.net	717-877-8744